



Jk Fitness 256 programmable electromagnetic cycle ergometer + receiver Jk Fitness 256 wireless cardio



Product features:

Braking System: Elettromagnetico

Flywheel: 12 Kg

Maximum User Capacity: 130 Kg

Heart Rate Detection:

Dimensions Open:

Packaging dimensions:

Product weight:

Weight of the packaged product:

Certifications:

Warranty: 2 years

Effort adjustment:

Product description:

The **JK Fitness 256 Ergometer Exercise Bike** is an ergometer for **home** training, a model with a **flywheel weighing 12 kg** , which allows for smooth and silent pedaling.

Equipped with a backlit **LCD display** which gives the possibility of viewing time / speed / distance / pulse / calories / RPM / program display diagram / effort level / Watts.

It has a manual program / 10 presets (16 levels) / 4 HRC: HRC1 up to 55% of the maximum theoretical frequency, HRC2 up to 75% of the ftm, HRC3 programs up to 95% of the ftm, THR frequency settable by the user / 5 customizable and storable / 1 constant watt / recovery test (post-exertion recovery test).

Possibility of monitoring the **heart rate** via hand pulse and integrated wireless heart rate receiver.

The **graduated compression saddle** is adjustable **vertically** and **horizontally** . The **handlebar** is **ergonomic** with multiple grips.

This exercise bike is a sturdy product with a **user weight capacity of 130 kg** .