## Space-saving Everfit Ab Force abdominal and lumbar trainer



## **Product features:**

Maximum User Capacity: 100 Kg Console: Dimensions Open: Dimensions Closed: Packaging dimensions: Product weight: Weight of the packaged product: Certifications: CE, ROHS, EN957 Warranty: 2 years Effort adjustment:

## **Product description:**

Everfit Ab Force is an ideal tool for those who want to lose weight and for those with back problems.

Allows you to train your back, arms, hips, abdominals, legs and buttocks.

This tool makes exercises very pleasant and safe, thanks to the padding for the hands and knees.

Suitable for any training level thanks to the adjustment of the effort angle.

Equipped with LCD display that allows you to view repetitions / minute, time display, calorie counter, scan.

Easy to store after training.