



Scott Bench Diamond



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **Scott Bench** by **DIAMOND** is a bench with an exclusive design and robustness, used to train **arm muscles** using a **barbell or dumbbells**.

The peculiarity of this particular version of **Scott Bench** is the fact that **it does not have an integrated seat** , which leads the user to carry out the exercise, positioning himself on one of the 2 sides with a different inclination of the cushion, from **an upright position**.

This situation brings an even greater focus **to the isolation of the arm muscles** in addition to the stabilizing muscles.

Barbell mounts have a **urethane** coating that contains noise and protects the barbell from wear.