



Smith Machine Plate Loaded Diamond Series 350



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **DIAMOND Smith Machine** is a machine composed of a guided barbell connected at both ends to **two steel bars** which act as a guide during **pull/press exercises on the vertical axis**.

The **movement of the barbell follows a 7° angle** , which is the natural trajectory of the movement for **pressing** or **squatting in the Olympic lift** .

There are also **safety blocks** along the axis of the upright onto which the barbell can be attached with a simple rotation of the wrists.