



Reverse Hyper Machine Diamond



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **Reverse Hyper** by **DIAMOND** is an innovative machine that allows athletes to perform **reverse hyperextensions**, **back and hip extensions**, **GHD sit-ups** and **glute-ham raises**, all in one machine with quick and easy adjustments.

A **unique machine** for **core development**, stabilization of the median series and lumbar rehabilitation and spinal decompression.

It features **side handles** to best perform **inverted hypers**.

The **large support cushion** offers unique comfort and is suitable for use by any athlete. **2 side platforms** for comfortable and safe climbing.

Block with rollers and handles adjustable to different heights. Integrated belt.