



Smith Machine N Diamond Plate Loaded



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **Smith Machine** by **DIAMOND** is a machine composed of a **guided barbell** connected at both ends to two steel bars which act as a guide during **pull/press exercises on the vertical axis**

The **balance wheel** is mounted on **cylindrical bearings** to facilitate smooth sliding on the **steel rods** .

There are also **safety blocks** along the axis of the upright onto which the barbell can be attached with a simple rotation of the wrists.