



## **Product features:**

Dimensions Open: Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

## **Product description:**

The **DIAMOND Squat Lunge** is an innovative and multifunctional machine that allows the user to perform a variety of exercises such as **squats**, **lunges**, **deadlifts**, **shrugs etc.** 

The possibility of loading the arms independently allows autonomous movements for optimal biomechanics .