



Hack Squat Diamond Plate Loaded



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **Hack Squat** is an exercise machine that is used for **lower body** strength **training** , and is designed to replicate a natural, squatting motion.

Thanks to the **curved range of motion** , the **Hack Squat** reduces the axial load and consequently the stress on the knee and back.

The unique design of this tool is characterized by the safety lever which, unlike other models on the market, can be **activated by foot** .

The **large platform** guarantees an ideal pushing surface and the possibility of stimulating all the muscle groups of the **low body** department simply by changing the position of the feet.