



Shoulder Press Plate Loaded Diamond



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

DIAMOND 's Iso-Lateral Shoulder Press was designed based on human **movement** .

The possibility of loading the arms independently allows divergent and **independent movements** for optimal **biomechanics**

Isolateral movements allow the user to train with both limbs together, independently or alternately.

The **backrest** is inclined **40 degrees** to stabilize and eliminate hyperextension of the spine.

The **seat** , comfortable and ergonomic, is adjustable to different heights so as to adapt to all users.

The starting weight of the single **lever arm** is only 3.8 kg, so as to make the machine accessible to all users, including patients undergoing **physiotherapy rehabilitation**.