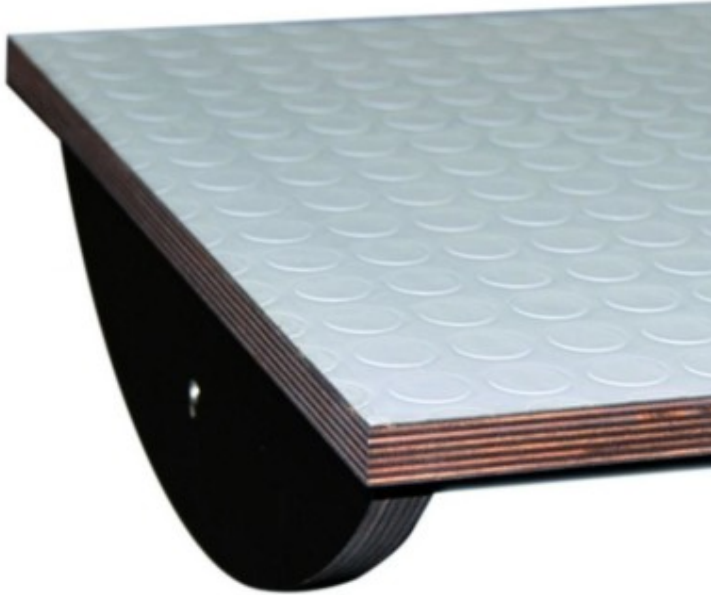




Rectangular wooden proprioceptive platform 48x38 cm



Product features:

Material: MDF (Medium Density Fiberboard)

Finish: Goffrata ad elevato grip

Dimensions:

Product description:

Rectangular wooden proprioceptive platform 48x38 cm

Proprioceptive platforms are undoubtedly one of the **best tools for stimulating the neuro-motor system** and improving **balance and posture**.

By creating a situation of imbalance, **muscles and joints are stimulated** in order to bring our body into alignment.

The platform is **made entirely of plywood** , and has a base of **48x35 cm** , with a particular embossed workmanship that favors grip.