



600 gram soft rubber shot put ball



**Product features:**

Material: Eraser

Diameter:

Casting Ball Weight: 600 gr

**Product description:**

**Soft rubber shot put ball weighing 600 grams**

Designed for **indoor circuits** and **for training** , this **600 gram** throwing ball is made of **soft rubber**, which improves **grip**.

**The shot put** (also improperly called shot put because it is considered within the throwing disciplines) is **both a male and female athletics specialty** , in which the athlete tries to throw a metal sphere as far as possible.

With a **diameter of 95 mm** , it is a perfect tool for **training and approaching the discipline**.