



Advanced Swedish wooden shoulder rest



Product features:

Material: Wood

Finish: Natural transparent colour

Product description:

Advanced Swedish shoulder bar that allows you to carry out numerous exercises related to **cross-fit, physiotherapy** and **muscle strengthening**.

The structure is made with beech wood rungs and plywood brackets , sanded and naturally painted to highlight the wood grain.

This advanced wood is **sturdy and durable** it has a load capacity equal to that supported by the Swedish espalier to which it is tied.

The pegs allow the attachment of multiple products such as **elastic bands, rings with straps , loop-bands, TRX** and **other tools for suspending the athlete in traction**.

This model can be anchored directly to the Swedish backrest and can also be disassembled and therefore easily stored.

Choose the advance model based on the shoulder rest you have.

Made in Italy product, entirely made in our factories