



Advanced for Swedish espalier that can be attached to the wall



Product features:

Material: 1.5mm thick tubular steel

Finish: Powder-coated

Product description:

The **advanced Swedish shoulder bar** is an accessory that allows you to carry out numerous exercises related to **cross-fit, physiotherapy and muscle strengthening**.

The electro-welded reticulated surface facilitates the attachment of multiple products such as **elastic bands , rings with straps , loop-bands, TRX and other tools for suspending the athlete in traction**.

Made of 30 mm square tubular steel, powder coated, it allows a solid hold to carry out all **exercises in total safety**.

The advance overhang is 81 cm and the useful coupling area is 55 cm.

The fixing on our Swedish shoulder rest occurs by support which is then stabilized by fixing the advance directly to the wall, using the holes present on the anchoring plate.

Dimensions: 83(l)x83(d) cm

Made in Italy product, entirely made in our factories