



Advanced Swedish espalier



**Product features:**

Material: 1.5mm thick tubular steel

Finish: Powder-coated

**Product description:**

**The advanced Swedish shoulder bar** is an accessory that allows you to carry out numerous exercises related to **cross-fit, physiotherapy and muscle strengthening**.

The electro-welded reticulated surface facilitates the attachment of multiple products such as **elastic bands , rings with straps , loop-bands, TRX and other tools for suspending the athlete in traction**.

**The advance** has a range equal to that supported by the Swedish trellis to which it is tied.

Made of 30 mm square tubular steel, powder coated, it allows a solid hold to carry out all **exercises in total safety**.

The advance overhang is 81 cm and the useful coupling area is 55 cm.

This model can be anchored directly to the Swedish backrest using two solid hooks. The advanced can also be disassembled and therefore easily stored in very little space.

**Dimensions: 83(l)x83(d)**

**Made in Italy product, entirely made in our factories**