



Swedish wall bars for gymnastics, one span 230x80 cm



Product features:

Material: Evaporated beech wood

Swedish Shoulder Pad Size: cm 230(h)x80(l)

Swedish wall Bar model: Classical one span

Finish: Natural transparent colour

Maximum load capacity of the espalier: 150 Kg

Packaging dimensions:

Product weight:

Backrest height: Reduced 230 cm

Product description:

Swedish wall bars in beech wood for **gymnastics** , one club model span disassembled.

Backrest dimensions 230(h)x80(l)x29.5(d) cm

Made entirely of solid beech wood, sanded and naturally varnished. The transparent varnish not only enhances the grain of the wood but also acts as a protective film for the material itself.

The Swedish shoulder bar is very useful for **training** and extremely versatile as it can be used for various corrective and **postural gymnastics exercises** . Thanks also to the many **complementary tools** (purchasable separately) it is possible to carry out a **complete workout** that involves the entire body. Ideal for physiotherapy gymnastics, muscle lengthening exercises, to tone and strengthen. The Swedish trellis can bring significant benefits to the body, also improving its appearance.

The reduced two-span model is made up of 13 rungs with an ovoid section measuring 38x28 mm. The upper part of the backrest has a depth of 30 cm, the lower part 20 cm.

The backrest is supplied disassembled, including screws for assembly, brackets for wall anchoring and assembly instructions.

For correct installation of the backrest it is necessary that the tool adheres perfectly to the wall and the floor, therefore it is necessary to either create the skirting board cutout or remove the skirting board from the wall.

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