



CoreAlign Swedish wall bars for gymnastics with six protruding rungs 210x90 cm



Product features:

Material: Evaporated beech wood

Swedish Shoulder Pad Size: cm 210(h)x90(l)

Swedish wall Bar model: CoreAlign

Finish: Natural transparent colour

Maximum load capacity of the espalier: 150 Kg

Packaging dimensions:

Product weight:

Product description:

Swedish wall bars in beech wood for single span **gymnastics** , CoreAlign model

Backrest size 210(h)x90(l)x20(d) cm with six protruding rungs. Maximum width on the wall 120 cm.

Designed and created to be used in combination with the **CoreAlign mat** for the development of all the exercises of the discipline.

The first rung at the bottom, in fact, is 18 cm from the ground, offering sufficient space for the insertion of the moving walkway. **Standard model 210 cm high and 11 rungs.**

The tool stands out from the standards on the market by offering a greater number of **protruding pegs**. This customization allows the equipment to be adapted to people of taller stature and, at the same time, broadens the range of possible exercises.

The construction materials and finishes are absolutely compliant with the **Pilates** philosophy from which **CoreAlign** derives.

Made entirely of **solid beech wood** , sanded and naturally varnished. The transparent varnish not only enhances the grain of the wood but also acts as a protective film for the material itself.

The Swedish shoulder bar is very useful for **training** and extremely versatile as it can be used for various corrective and **postural gymnastics exercises** . Thanks also to the many **complementary tools** (purchasable separately) it is possible to carry out a **complete workout** that involves the entire body. Ideal for physiotherapy gymnastics, muscle



lengthening exercises, to tone and strengthen. The Swedish trellis can bring significant benefits to the body, also improving its appearance.

The backrest is supplied disassembled, including screws for assembly, brackets for wall anchoring and assembly instructions.

For correct installation of the backrest it is necessary that the tool adheres perfectly to the wall and the floor, therefore it is necessary to either create the skirting board cutout or remove the skirting board from the wall.

Made in Italy product, entirely made in our factories