



Skipping rope with soft handles and ball bearings



**Product features:**

Material: PVC

Length:

Characteristics:

**Product description:**

**Nylon skipping rope with foam grip and ball bearings.**

The **ball bearing skipping rope** is an ideal fitness equipment that will help you **effectively improve your agility, endurance, footwork and coordination.**

The **ergonomic handles** are covered in **soft foam** to ensure a **secure grip** and **are also equipped with ball bearings** which allow you to rotate the rope with less resistance and therefore **greater control and fluidity.**

The rope has a **total length of 2.5 meters** and is made of PVC