



Swedish wall bars for gymnastics with two spans, DIN model, 250x180 cm



Product features:

Material: Evaporated beech wood

Swedish Shoulder Pad Size: cm 250(h)x180(l)

Swedish wall Bar model: DIN two spans

Finish: Natural transparent colour

Maximum load capacity of the espalier: 150 Kg

Packaging dimensions:

Product weight:

Backrest height: Standard 250 cm

Product description:

Swedish wall bars in beech wood for **gymnastics** with 2 spans according to DIN standards, disassembled.

Made entirely of solid beech wood, sanded and naturally varnished. The transparent varnish not only enhances the grain of the wood but also acts as a protective film for the material itself.

Backrest dimensions 250(h)x180(l)x10(d) cm. The shoulder rest is made up of **15 oval rungs** measuring 38x28 mm

The characteristic of this shoulder rest is that it has a completely straight side profile, which reduces the overall dimensions of the tool by 15 cm compared to the standard shoulder rest.

The Swedish shoulder bar is very useful for **training** and extremely versatile as it can be used for various corrective and **postural gymnastics exercises**. Thanks also to the many **complementary tools** (purchasable separately) it is possible to carry out a **complete workout** that involves the entire body. Ideal for physiotherapy gymnastics, muscle lengthening exercises, to tone and strengthen. The Swedish trellis can bring significant benefits to the body, also improving its appearance.

The backrest is supplied disassembled, including screws for assembly, brackets for wall anchoring and assembly instructions

For correct installation of the backrest it is necessary that the tool adheres perfectly to the wall and the floor, therefore it is necessary to either create the skirting board cutout or remove the skirting board from the wall



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