



3 meter wooden school balance board



Product features:

Material: Beech wood

Finish: Natural transparent colour

Length:

Height:

Product description:

School balance board, fixed height, length 3 metres.

Made entirely of **solid beech wood** , sanded and finished with a **transparent protective varnish** , this balance board is ideal for beginners in **gymnastics** .

Indispensable for **improving the athlete's balance** , this **artistic gymnastics** tool is chosen by numerous sports clubs and schools for its usefulness, but also by many gyms or physiotherapy studios given that it is **fundamental in maintaining the correct structure of the trunk** , the treatment of flat feet with **corrective gymnastics** and in **gymnastics for the elderly** for the prevention of falls.

The axis has a **length of 3 meters** , and a flat section of 8x8 cm. The height from the ground is 21 cm.